



# SISTERS SALON & Day Spa

## NORVELL™ SPRAY TAN INSTRUCTIONS

### 24 HOURS BEFORE YOUR SESSION

- Exfoliate your skin to remove dry flaky skin. For best results, use Norvell's Exfoliator or Exmit Body Buff.
- Avoid using bar soaps, high PH shower products or moisturizers. These products can halt the DHA bronzing reaction or cause the dreaded "orange effect"
- Any waxing should be done no less than 2 days prior to your tanning session

### DAY OF SESSION

- DO NOT APPLY LOTION prior to your session and use deodorant sparingly.
- It is best not to apply make-up, but if you do, carefully remove make-up prior to your session.
- Wear dark, loose fitting clothing and remove jewelry. Tight clothes can rub off or smear the bronzers.
- Note: Elevated body temperature, perspiration or moisture on the skin can hinder DHA development and results.

### AFTER CARE

- It is best to use the Norvell tanning preparation and aftercare products for flawless results. However, you will still achieve great results by following these simple steps above!
- Avoid using bar soaps, high PH shower products or moisturizers. These products can halt the DHA bronzing reaction or cause the dreaded "orange effect"
- Moisturize, moisturize, moisturize! For best results, use Norvell's moisturizer with bronzing agents to help maintain and extend your spray tan.

Sisters Salon and Day Spa  
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## FREQUENTLY ASKED QUESTIONS

### HOW LONG WILL MY SPRAY TAN LAST?

- Since dead skin cells are constantly being shed, the color change produced by DHA will usually last 5-7 days.

### HOW LONG DO I WAIT BEFORE I SHOWER?

- Wait at least 4-6 hours to shower. Bathe with plain water for the first 16 hours because soaps and detergents will halt DHA development that will darken for that period.

### SHOULD I KNOW ANYTHING ELSE?

- Never apply as much product to thin skinned areas like the hands, feet, wrists or ankles. Make sure to use the barrier cream on these areas (barrier cream is provided for you).

### WILL THE SOLUTION STAIN MY CLOTHES?

- The solution will not permanently stain your clothing if treated and washed on a hot water cycle.